MOUNTAIN PARK AQUATICS

www.mtparkhoa.com/aquatics

SWIM LESSON GUIDE

WINTER 2027

January 5 - March 13



Term and Registration Dates

Winter 2027

Class Dates: January 5 - March 13 (10 Lessons)
Registration Dates: November 15th - January 4th

Registration opens at 12:01 AM on the listed date

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Swim Program Policies

1. **General Terms:**
   - Adherence to Mountain Park HOA rules is required.
   - No pool entry outside designated swim lesson times unless for HOA members during open swim.
2. **Responsibility:**
   - Children under 14 must be supervised by someone 18 years or older, who must remain onsite during lessons.
3. **Punctuality & Makeup Lessons:**
   - Participants are expected to be on time, and instructors are not obligated to extend lessons.
   - A makeup week for pool closures will follow the final week of session. If any days/times remain after closure makeups, they will be offered to families on a first come first serve basis, limit 1 makeup per session.
4. **Compliance:**
   - Non-compliance may result in dismissal from the program without a refund.

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Mt. Park Program Policies

Mountain Park HOA youth programs are designed to create a safe, positive, and engaging environment for all participants. To ensure the success and enjoyment of everyone involved, participants and their families are required to adhere to the following policies:

1. Behavior and Participation Expectations
    - Participants must follow instructions, engage positively, and actively participate in all program activities.
    - Participants are expected to function independently, both as individuals and within a group setting.
2. Self-Sufficiency Requirements
    - Participants must be able to comprehend and follow basic instructions.
    - Participants must be capable of changing clothes and using restroom facilities independently.
    - Due to staffing constraints, Mountain Park HOA youth programs cannot provide one-on-one assistance to individual participants.
3. Behavior Standards
    - Disrespectful behavior towards Mountain Park HOA staff, other participants, or the facility is not acceptable.
    - Emotional or physical bullying of any kind will not be tolerated and may result in immediate suspension from the program.
4. Consequences for Inappropriate Behavior
    - Any behavior deemed inappropriate or unsafe by Mountain Park HOA staff will result in consequences, up to and including removal from the program.
    - Failure to adhere to program policies is cause for dismissal without a refund of fees. These policies are in place to maintain a safe and supportive environment for all participants. Families and participants are encouraged to communicate with the Mountain Park staff in charge of the program if they have questions or require clarification regarding these policies.

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Mt. Park Program Policies (continued)

REGISTRATION

1. Participants must complete an online registration form for each program and each program participant.
2. Payment is required at the time of registration to reserve a spot.
3. No registration is processed without payment.
4. Late registrations are allowed if space is available, subject to a $20 late fee.

CANCELLATION POLICY AND REFUNDS

1. 14-Day Notice Requirement:
    - A written notice is required 14+ days before the start date for a partial refund of 80% of the program fee.
    - No refunds are granted if canceled within 14 days of the program start date.
2. Non-Refundable Fee: A 20% administrative fee applies to all cancellations.
3. Refund Requests must be directed to the program department.
4. Refund Processing: Refunds are issued via check and can take up to 30 business days.
5. Program Cancellations by MPHOA: If MPHOA cancels the program, a full refund is issued by check without any fees within 30 days.

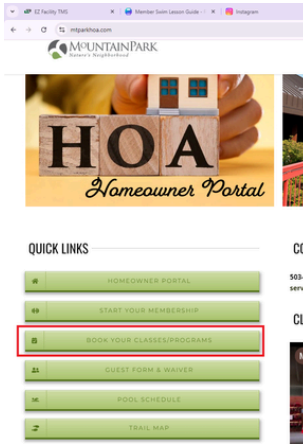
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How to Register

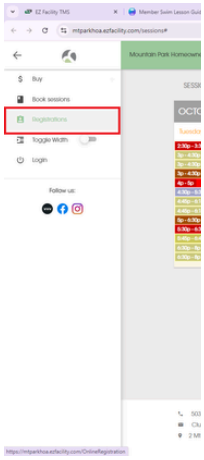
You can register through our website or through the MemberMe+ App

Website

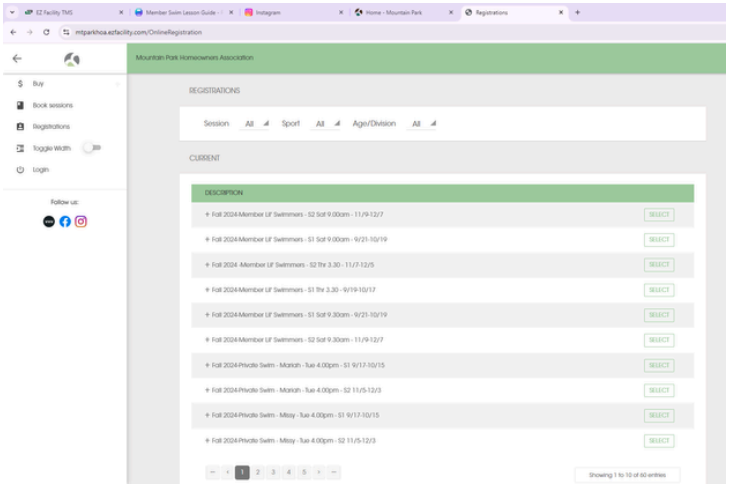
1. Visit www.mtparkhoa.com and click "Book your Classes and Programs



2. Select "Registrations" from the left side menu



3. Find and register for your classes

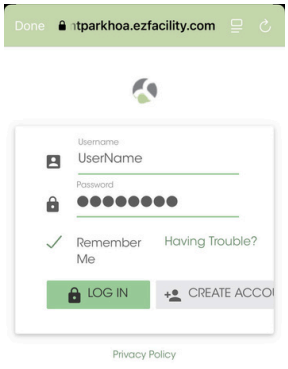


MemberMe+

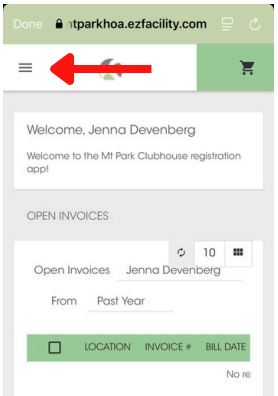
1. Open MemberMe+ and click Clubhouse Reservations



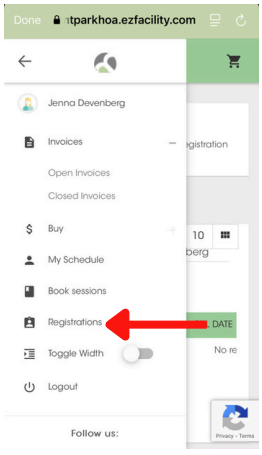
2. Log in



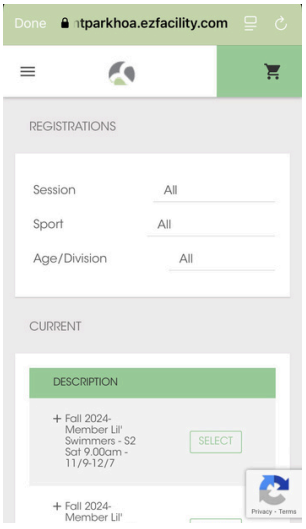
3. Open the side menu



4. Select Registrations



5. Find and register for your class



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Group Swim







Registration Changes

We've updated our class registration process to make it easier to see which classes have openings and which are full.

- Group Lessons: Each level now has one registration page. Select your preferred day and time from the dropdown menu, which also shows the number of available spots.
- Private Lessons: Each lesson day has its own registration page. Select your preferred instructor and time from the dropdown menu.

Level Overview

Bubble Buddies - A parent-in-the-water class for kids 6 months through 2 years old. Focuses on building comfort in the water and preparing your child to be water safe

Tiny Turtles 1 - 3 and 4 year-olds will learn to put their eyes in the water, float with support and kick in proper body position

Tiny Turtles 2 - 3 and 4 year-olds will improve endurance, float independently, and transition between front and back floats

Fin Friends 1 - Kids 5+ will learn to hold their breath, kick in proper body position, float, and learn freestyle basics.

Fin Friends 2 - Kids 5+ will improve their freestyle endurance, learn to side breathe, and learn advanced safety skills while preparing for the lap pool.

Mini Marlins 1 & 2 - Focus on freestyle lap swimming and endurance and backstroke, breaststroke, and butterfly are taught.

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Swim Level Placement

New Students:

If you are unsure what level your child should be in based on class descriptions, you can schedule a swim skill assessment with a member of our aquatics staff. Times are available throughout the week. To schedule, email aquatics@mtparkhoa.com or call 503-635-3561.

Current Students:

Your instructor or the aquatics coordinator will assess your child during classes. If you have any questions about what level to register for, talk to your child's instructor or the aquatics coordinator.

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Bubble Buddies

Splash into Bubble Buddies where one of our skilled instructors will lead parent-child pairs in exercises designed to build water comfort, teach basic swim skills, and lay the foundation for important safety skills. Ideal for students ages 6 months through 2 years old.

Day	Time	Price
Saturday	8:30 AM	$320







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Tiny Turtles

Our Tiny Turtles 1 & 2 classes are designed to teach 3 and 4 year old children water safety and swim skills. **Both levels are available at all time slots below unless otherwise noted.**

Tiny Turtles 1 - Entry level class with a focus on putting faces in the water, kicking with proper body position, safety skills, and assisted floating.

Tiny Turtles 2 - Intermediate level class with a focus on independent floats, transitioning between front and back floats, increasing swim distance, and safety skills.



Day	Time	Price
Tuesday	9:30 AM (TT 1 only)	$280
Tuesday	10:00 AM (TT 1 only)	$280
Tuesday	10:30 AM (TT 2 only)	$280
Tuesday	4:00 PM	$280
Thursday	4:30 PM	$280
Saturday	8:30 AM	$280
Saturday	10:00 AM	$280



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Fin Friends

Fin Friends are our beginner and intermediate classes for students 5 and up.
Both levels are taught at all the listed times unless otherwise noted.
Fin Friends 1 - Entry level class that focuses on breath control, proper body position while kicking, floating, safety skills, and introduces freestyle with front breaths.
Fin Friends 2 - Intermediate level class with a focus on improving freestyle endurance, learning to side breathe, and continuing to develop safety skills





Day	Time	Price
Tuesday	4:30 PM	$280
Tuesday	5:30 PM	$280
Tuesday **Fin Friends 1 Only**	6:00 PM	$280
Wednesday **Fin Friends 1 Only**	4:30 PM	$280
Wednesday **Fin Friends 2 Only**	5:00 PM	$280
Thursday	4:00 PM	$280
Thursday	5:30 PM	$280
Saturday	9:00 AM	$280
Saturday	10:30 AM	$280

Mini Marlins

Mini Marlins is our highest level. This is an advanced class for children 6 and older who want to learn how to lap swim and want to learn advanced strokes like backstroke, breaststroke, and butterfly.

Mini Marlins 1 - Focuses on further increasing freestyle endurance, teaches backstroke, and introduces the kicks for Butterfly and Breaststroke, as well as other more advanced swim skills, such as flip turns and diving starts (based on class interest).

Mini Marlins 2 - Focuses on teaching Breaststroke and Butterfly, maintaining freestyle and backstroke, and continuing to learn more advanced swim skills like flip turns and diving starts (based on class interest).

Mini Marlins 1 & 2 *do not* have separate registrations and are listed as "Mini Marlins".



Day	Time	Price
Tuesday	5:00 PM	$280
Wednesday	6:00 PM	$280
Thursday	5:00 PM	$280
Saturday	9:30 AM	$280



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Private Swim

Private lessons taught by our skilled instructors are a great way to personalize your child's swim experience. Our 25 minute lessons are tailored to reach the goals you and your child share with your instructor from basic water safety skills up to learning advanced swim strokes.

While we are happy to give private lessons in our lap pool to students at the requisite skill level, the lap pool is unavailable for 5:00 PM Tuesday/Thursday and 9:30 AM Saturday private lesson times.

Lessons are taught as a 1:1 private lesson or a 2:1 semi-private lesson.





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Tuesday

Instructor	Time	Price
Missy	4:30 PM	1:1 $550 2:1 $700
Rachel	4:30 PM	1:1 $550 2:1 $700
Hayden	5:30 PM	1:1 $550 2:1 $700
Missy	5:30 PM	1:1 $550 2:1 $700





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Wednesday

Instructor	Time	Price
Cameron	4:00	1:1 $550 2:1 $700





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Thursday

Instructor	Time	Price
Missy	4:30 PM	1:1 $550 2:1 $700
Cameron	4:30 PM	1:1 $550 2:1 $700
Missy	5:30 PM	1:1 $550 2:1 $700
Rachel	5:30 PM	1:1 $550 2:1 $700





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Saturday

Instructor	Time	Price
Rachel	9:00 AM	1:1 $550 2:1 $700
Missy	9:00 AM	1:1 $550 2:1 $700
Rachel	10:00 AM	1:1 $550 2:1 $700
Missy	10:00 AM	1:1 $550 2:1 $700
Rachel	11:00 AM	1:1 $550 2:1 $700
Missy	11:00 AM	1:1 $550 2:1 $700





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