Pool Schedule

MOUNTAIN PARK AQUATICS

Open Swim Begins when the clubhouse opens and ends 30 minutes before the clubhouse closes (see homepage for clubhouse hours). Below you will see when we have classes and other activities in each pool and their impact on open swim.

Leisure Pool

- Full Pool Open Swim
- Full Pool Open Swim + Water Features
- Big Half Open Swim
- Small Half Open Swim
- No Open Swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30-9:30a Aqua Strength	9:30-11a Swim Lessons	9:00-10:00a Aqua Yoga	4:00-5:30p Swim Lessons	8:30-9:30 Aqua Yoga	8:30-11:30a Swim Lessons	
	4:00-5:30p Swim Lessons	10:45a-11:45a Water Walking		1:00p-2:00p Water Walking		

Note: Lap Lanes, Aqua Strength, Aqua Fit, Aqua Yoga, and Swim Lessons in either pool require registration

Lap Pool

- 1-2 Lanes Available
- No Lanes Available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:15-8:15a Aqua Fit	4:00-5:00p Swim Lessons	7:15-8:00a Aqua Fit - No Instructor	4:00-5:00p Swim Lessons	7:15-8:15a Aqua Fit	8:30-9:30a Swim Lessons	
	5:00-5:30p Swim Lessons	4:30-6:30p Swim Lessons	5:00-5:30p Swim Lessons		9:30-10:00a Swim Lessons	
	5:30-6:00p Swim Lessons		5:30-6:00p Swim Lessons		10-11:30a Swim Lessons	
			6-7p Lap Swim Group Class			

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