

NON-MEMBER SWIM LESSON GUIDE

FALL 2026

September 22 –
December 12





Term and Registration Dates



Fall 2026

Class Dates: Sep. 22 - Dec. 12 (11 Lessons)

**No Lessons November 24th, 25th, 26th, or 28th in observance of
Thanksgiving**

Registration Dates: August 8th - September 21st



Registration opens at 12:01 AM on the listed date



Swim Program Policies

1. **General Terms:**

- Adherence to Mountain Park HOA rules is required.
- No pool entry outside designated swim lesson times unless for HOA members during open swim.

2. **Responsibility:**

- Children under 14 must be supervised by someone 18 years or older, who must remain onsite during lessons.

3. **Punctuality & Makeup Lessons:**

- Participants are expected to be on time, and instructors are not obligated to extend lessons.
- A makeup week for pool closures will follow the final week of session. If any days/times remain after closure makeups, they will be offered to families on a first come first serve basis, limit 1 makeup per session.

4. **Compliance:**

- Non-compliance may result in dismissal from the program without a refund.



Mt. Park Program Policies

Mountain Park HOA youth programs are designed to create a safe, positive, and engaging environment for all participants. To ensure the success and enjoyment of everyone involved, participants and their families are required to adhere to the following policies:

1. Behavior and Participation Expectations

- Participants must follow instructions, engage positively, and actively participate in all program activities.
- Participants are expected to function independently, both as individuals and within a group setting.

2. Self-Sufficiency Requirements

- Participants must be able to comprehend and follow basic instructions.
- Participants must be capable of changing clothes and using restroom facilities independently.
- Due to staffing constraints, Mountain Park HOA youth programs cannot provide one-on-one assistance to individual participants.

3. Behavior Standards

- Disrespectful behavior towards Mountain Park HOA staff, other participants, or the facility is not acceptable.
- Emotional or physical bullying of any kind will not be tolerated and may result in immediate suspension from the program.

4. Consequences for Inappropriate Behavior

- Any behavior deemed inappropriate or unsafe by Mountain Park HOA staff will result in consequences, up to and including removal from the program.
- Failure to adhere to program policies is cause for dismissal without a refund of fees. These policies are in place to maintain a safe and supportive environment for all participants. Families and participants are encouraged to communicate with the Mountain Park staff in charge of the program if they have questions or require clarification regarding these policies.



Mt. Park Program Policies

(continued)

REGISTRATION

1. Participants must complete an online registration form for each program and each program participant.
2. Payment is required at the time of registration to reserve a spot.
3. No registration is processed without payment.
4. Late registrations are allowed if space is available, subject to a \$20 late fee.

CANCELLATION POLICY AND REFUNDS

1. 30-Day Notice Requirement:
 - A written notice is required 30+ days before the start date for a partial refund of 80% of the program fee.
 - No refunds are granted if canceled within 30 days of the program start date.
2. Non-Refundable Fee: A 20% administrative fee applies to all cancellations.
3. Refund Requests must be directed to the program department.
4. Refund Processing: Refunds are issued via check and can take up to 30 business days.
5. Program Cancellations by MPHQA: If MPHQA cancels the program, a full refund is issued by check without any fees within 30 days.

How to Register

Non-members can register for classes via the direct registration links found in this guide. Every group level or day we offer private lessons in this guide has a registration link on its page. These links will take you to the level's registration page. Simply click the link for the level you would like to register for and follow the instructions on the registration page. Each registration page will have a drop down menu you can use to select a specific class day and time (for group lessons) or instructor and time (for private lessons). Links will go live prior to registration opening.



Group Swim





Registration Changes

We have changed how we list our classes to make it easier for families to see which classes have vacancies and which are full. Rather than each individual lesson having its own registration page, group lessons now have one registration page per level and you select your day and time from a drop down menu while registering. This drop down menu will also list how many vacant spots are in each class. For private lessons, each swim lesson day has a registration page and you can select your instructor and time from a drop down menu during registration.

Level Overview

Bubble Buddies - A parent-in-the-water class for kids 6 months through 2 years old. Focuses on building comfort in the water and preparing your child to be water safe

Tiny Turtles 1 - 3 and 4 year-olds will learn to put their eyes in the water, float with support and kick in proper body position

Tiny Turtles 2 - 3 and 4 year-olds will improve endurance, float independently, and transition between front and back floats

Fin Friends 1 - Kids 5+ will learn to hold their breath, kick in proper body position, float, and learn freestyle basics.

Fin Friends 2 - Kids 5+ will improve their freestyle endurance, learn to side breathe, and learn advanced safety skills while preparing for the lap pool.

Mini Marlins 1 & 2 - Focus on freestyle lap swimming and endurance and backstroke, breaststroke, and butterfly are taught.



Swim Level Placement

New Students:

If you are unsure what level your child should be in based on class descriptions, you can schedule a swim skill assessment with a member of our aquatics staff. Times are available throughout the week. To schedule, email aquatics@mtparkhoa.com or call 503-635-3561.

Current Students:

Your instructor or the aquatics coordinator will assess your child during classes. If you have any questions about what level to register for, talk to your child's instructor or the aquatics coordinator.



Bubble Buddies

Splash into Bubble Buddies where one of our skilled instructors will lead parent-child pairs in exercises designed to build water comfort, teach basic swim skills, and lay the foundation for important safety skills. Ideal for students ages 6 months through 2 years old.

[Register Here](#)

Day	Time	Price
Saturday	9:00 AM	\$360





Tiny Turtles

Our Tiny Turtles 1 & 2 classes are designed to teach 3 and 4 year old children water safety and swim skills. **Both levels are available at all time slots below unless otherwise noted.**

Tiny Turtles 1 - Entry level class with a focus on putting faces in the water, kicking with proper body position, safety skills, and assisted floating.

Tiny Turtles 2 - Intermediate level class with a focus on independent floats, transitioning between front and back floats, increasing swim distance, and safety skills.

Register Here: [Tiny Turtles 1](#)
[Tiny Turtles 2](#)



Day Time	Price
Tuesday 9:30a Tiny Turtle 1 only	\$330
Tuesday 10:00a Tiny Turtle 1 only	\$330
Tuesday 10:30a Tiny Turtle 2 only	\$330
Tuesday 4:00p	\$330
Thursday 4:30p	\$330
Saturday 8:30a Tiny Turtle 1 only	\$330
Saturday 10:00a	\$330





Fin Friends



Fin Friends are our beginner and intermediate classes for students 5 and up.

Both levels are taught at all the listed times unless otherwise noted.

Fin Friends 1 - Entry level class that focuses on breath control, proper body position while kicking, floating, safety skills, and introduces freestyle with front breaths.

Fin Friends 2 - Intermediate level class with a focus on improving freestyle endurance, learning to side breathe, and continuing to develop safety skills

Register Here: [Fin Friends 1](#)
[Fin Friends 2](#)



Day & Time	Price
Tuesday 4:30	\$330
Tuesday 5:30	\$330
Wednesday 4:30 Fin Friends 1	\$330
Wednesday 5:00 Fin Friends 2	\$330

Day & Time	Price
Thursday 4:00	\$330
Thursday 5:30	\$330
Saturday 9:00	\$330
Saturday 9:30 Fin Friends 2	\$330
Saturday 10:30	\$330





Mini Marlins

\This is an advanced class for children 6+ who want to learn advanced strokes and how to lap swim.

Mini Marlins 1 - Focuses on further increasing freestyle endurance, teaches backstroke, and introduces the kicks for Butterfly and Breaststroke, as well as other more advanced swim skills, such as flip turns and diving starts (based on class interest).

Mini Marlins 2 - Focuses on teaching Breaststroke and Butterfly, maintaining freestyle and backstroke, and continuing to learn more advanced swim skills like flip turns and diving starts (based on class interest).

Mini Marlins 1 & 2 *do not* have separate registrations and are listed as “Mini Marlins”.

Register Here



Day	Price
Tuesday 5:00p	\$330
Wednesday 5:30p	\$330
Thursday 5:00p	\$330
Saturday 8:30a	\$330
Saturday 9:30a	\$330



Private Swim



Private lessons taught by our skilled instructors are a great way to personalize your child's swim experience. Our 25 minute lessons are tailored to reach the goals you and your child share with your instructor from basic water safety skills up to learning advanced swim strokes.

While we are happy to give private lessons in our lap pool to students at the requisite skill level, the lap pool is unavailable for 5:00 PM Tuesday/Thursday and 9:30 AM Saturday private lesson times.

Lessons are taught as a 1:1 private lesson or a 2:1 semi-private lesson.





Tuesday

Register Here

Instructor	Price
Rylee 4:00p	1:1 \$605 2:1 \$770
Hayden 4:30p	1:1 \$605 2:1 \$770
Rachel 5:00p (No Lap Lane Available)	1:1 \$605 2:1 \$285
Rylee 5:30p	1:1 \$605 2:1 \$770





Wednesday

[Register Here](#)

Instructor	Price
Cameron 6:00	1:1 \$605 2:1 \$770





Thursday

Register Here



Instructor	Price
Cameron 4:00p	1:1 \$605 2:1 \$770
Missy 4:30p	1:1 \$605 2:1 \$770
Hayden 5:00p (No Lap Lane Available)	1:1 \$605 2:1 \$770
Missy 5:30p	1:1 \$605 2:1 \$770



Saturday

Register Here



Instructor	Price
Missy 8:30a	1:1 \$605 2:1 \$770
Rachel 9:00a	1:1 \$605 2:1 \$770
Missy 9:30a (No Lap Lane Available)	1:1 \$605 2:1 \$770
Rachel 10:00a	1:1 \$605 2:1 \$770
Missy 10:30a	1:1 \$605 2:1 \$770
Rachel 11:00a	1:1 \$605 2:1 \$770





www.mtparkhoa.com/swim-lessons