



GROUP EX INSTRUCTOR - ZUMBA

Join Our Team!

Are you passionate about fitness and love helping others reach their health goals? If so, we want you to join our team as a **Group Fitness Instructor for Zumba!** This role is key to creating an energetic, safe, and engaging workout environment for our members. You'll be part of a welcoming, enthusiastic team that values community, wellness, and professional growth.

About Us

The Mountain Park Clubhouse is the heart of our master-planned community in the scenic hills of Lake Oswego. With group fitness studios, indoor pools, cardio and weight rooms, tennis courts, and miles of paved trails, we're all about promoting active lifestyles and strong community connections. As a Group Fitness Instructor, you'll help members feel their best—physically and mentally—through motivating and inclusive classes.

What We're Looking For

We're looking for enthusiastic, knowledgeable instructors who love teaching and empowering others. If you have a strong fitness background, a knack for leading high-energy classes, and a commitment to safety and professionalism, we'd love to hear from you!

What You'll Get

- Competitive compensation based on experience and certifications
- Flexible scheduling
- Free Clubhouse membership
- A positive, team-oriented work environment
- Opportunities for continuing education and training

What You'll Do

- Lead fun, safe, and effective group fitness classes
- Welcome and engage members, creating a positive class experience
- Provide modifications and guidance to support all fitness levels
- Set up and break down equipment before and after class

- Maintain accurate class attendance records
- Communicate important fitness updates and events to participants
- Report equipment issues or participant concerns to your supervisor
- Attend staff meetings and continuing education workshops
- Uphold Mountain Park's safety standards and emergency procedures

What You'll Bring

- A love for fitness and inspiring others
- Strong communication and interpersonal skills
- Professionalism, punctuality, and reliability
- Ability to motivate participants and adapt instruction as needed
- A positive and approachable attitude

Requirements

- Must be at least 18 years old
- Previous experience in fitness or group exercise instruction
- Current certification from ACE, ACSM, AFAA, or similar OR at least 5 years of teaching experience
- Current CPR and First Aid certifications (or willingness to obtain)
- Must complete 10 hours of continuing education annually
- Must teach at least 1 class every 6 months to remain active on payroll

Physical Demands

- Ability to lead and demonstrate exercises throughout class duration
- Frequent standing, walking, bending, kneeling, and lifting (up to 25 lbs)
- Must be able to see and hear clearly to ensure participant safety

Work Environment

- Indoor fitness studios with moderate to loud music
- Positive and energized group class atmosphere

If you're looking for a fun and meaningful way to share your love of fitness, apply today and become a part of the Mountain Park Health & Wellness team!