

# POOL SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN
6 AM							
7 AM	aqua fit - 7:15		aqua fit - 7:15am		aqua fit - 7:15am		
8 AM	aqua strength - 8:30		aqua fusion - 8:30		aqua yoga - 8:30	*swim lessons	
9 AM			aqua yoga - 9:30			*swim lessons	
10 AM						*swim lessons	
11 AM						*swim lessons	
12 PM							
1 PM					water walking		
4 PM		*swim lessons		*swim lessons			
5 PM		*swim lessons		*swim lessons			
6 PM				deep water aerobics - 6:15			
7 PM							

\*Lanes 2&3 open for reservations during swim lessons. Open swim available near water slide.

Group Ex classes last one hour.

Lap Pool  
Leisure Pool