

SWIM LESSON GUIDE

WINTER 2025

January 7 - March 15





Term and Registration Dates



Winter 2025

Class Dates: January 7th - March 15th
Registration Dates: November 1st - January 6th



Spring 2025

Class Dates: April 1st - June 7th
Registration Dates: February 15th - March 30th

Registration opens at 12:01 AM on the listed date



Swim Program Policies

1. **General Terms:**

- Adherence to Mountain Park HOA rules is required.
- No pool entry outside designated swim lesson times unless for HOA members during open swim.

2. **Responsibility:**

- Children under 10 must be supervised by someone 14 years or older, who must remain onsite during lessons.

3. **Punctuality:**

- Participants are expected to be on time, and instructors are not obligated to extend lessons.

4. **Compliance:**

- Non-compliance may result in dismissal from the program without a refund.



Mt. Park Program Policies

It is the participant's and their family's responsibility to follow instructions, behave positively, and be an active member of all program activities. Participants are expected to function 100% independently as individuals and within a group setting. They must be able to comprehend and follow basic instructions and be able to change clothes and use restroom facilities without assistance. Staff to participant ratio constraints disallow Mountain Park youth programs from being able to provide extra assistance to individual participants. Any behavior deemed inappropriate or unsafe by Mountain Park HOA staff will be faced with consequences. Disrespectful behavior towards Mountain Park HOA staff or the facility is unacceptable. Emotional or physical bullying of any type will not be tolerated and is grounds for suspension from the program. Failure to adhere to program policies is cause for dismissal with no refund of fees, except as determined on a case-by-case basis by MPHQA management.

REGISTRATION

1. Participants must complete an online registration form for each program and each program participant.
2. Payment is required at the time of registration to reserve a spot.
3. No registration is processed without payment.
4. Late registrations are allowed if space is available, subject to a \$20 late fee.

CANCELLATION POLICY AND REFUNDS

1. 30-Day Notice Requirement:
 - A written notice is required 30+ days before the start date for a partial refund of 80% of the program fee.
 - No refunds are granted if canceled within 30 days of the program start date.
2. Non-Refundable Fee: A 20% administrative fee applies to all cancellations.
3. Refund Requests must be directed to the program department.
4. Refund Processing: Refunds are issued via check and can take up to 30 business days.
5. Program Cancellations by MPHQA: If MPHQA cancels the program, a full refund is issued by check without any fees within 30 days.



How to Register



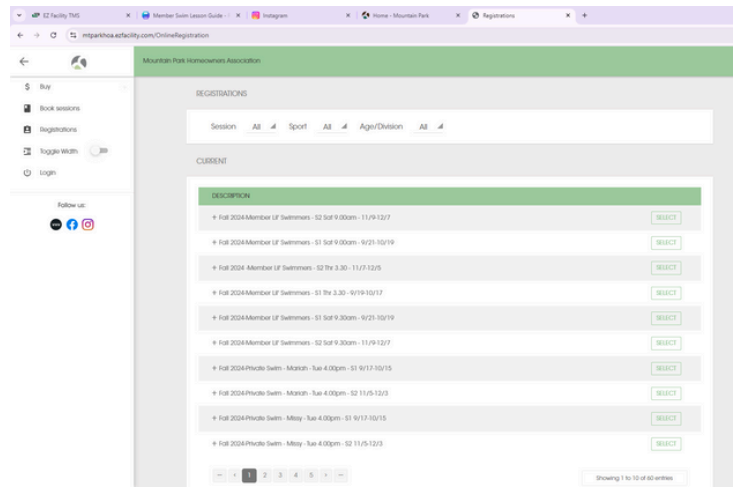
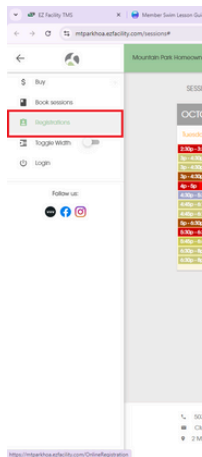
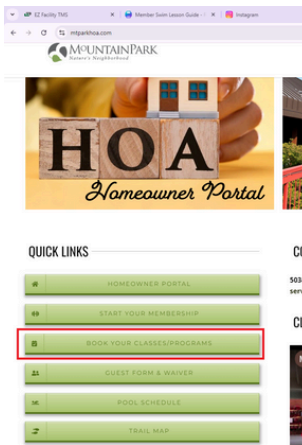
You can register through our website or through the MemberMe+ App

Website

1. Visit www.mtparkhoa.com and click "Book your Classes and Programs"

2. Select "Registrations" from the left side menu

3. Find and register for your classes



MemberMe+

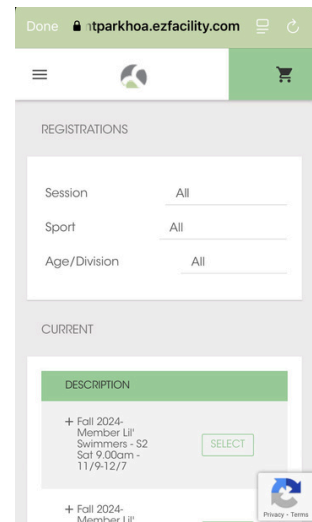
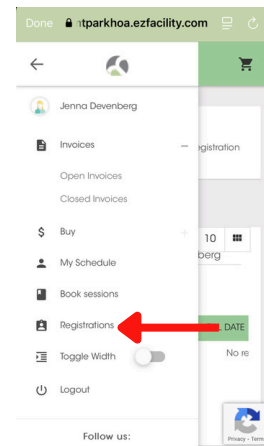
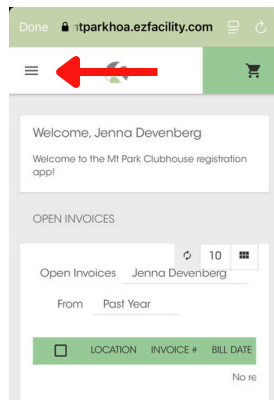
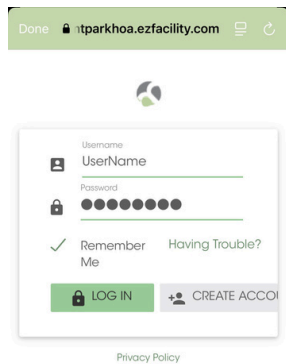
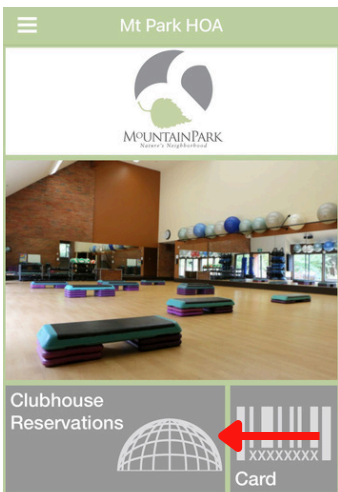
1. Open MemberMe+ and click Clubhouse Reservations

2. Log in

3. Open the side menu

4. Select Registrations

5. Find and register for your class





Group Swim





Swim Level Placement

New Students:

If you are unsure what level your child should be in based on class descriptions, you can schedule a swim skill assessment with a member of our aquatics staff. Times are available throughout the week. To schedule, email aquatics@mtparkhoa.com or call 503-635-3561.

Current Students:

Your instructor or the aquatics coordinator will assess your child during classes. If you have any questions about what level to register for, talk to your child's instructor or the aquatics coordinator.



Lil Swimmers

Splash into Lil Swimmers where one of our skilled instructors will lead up to 6 parent-child pairs in exercises designed to build water comfort, teach basic swim skills, and lay the foundation for important safety skills. Ideal for students ages 6 months through 2 years old.

Day	Time	Price
Saturday	8:30 AM	\$275
Saturday	9:00 AM	\$275





Pre-School

Our pre-school level classes are designed to teach 3 and 4 year old children water safety and swim skills. We use exercises designed to be flexible, allowing us to challenge each child at an appropriate level for their skill.

Day	Time	Price
Tuesday	4:30 PM	\$220
Thursday	4:30 PM	\$220
Saturday	8:30 AM	\$220
Saturday	10:00 AM	\$220





School Age

School age classes are designed for 5 to 7 year old kids of all skill levels. Whether your child needs to work on getting their eyes in the water or is working on their freestyle, our school age class can provide appropriate challenges.

Day	Time	Price
Tuesday	4:00 PM	\$220
Tuesday	5:30 PM	\$220
Thursday	4:00 PM	\$220
Thursday	5:30 PM	\$220
Saturday	9:00 AM	\$220
Saturday	10:30 AM	\$220

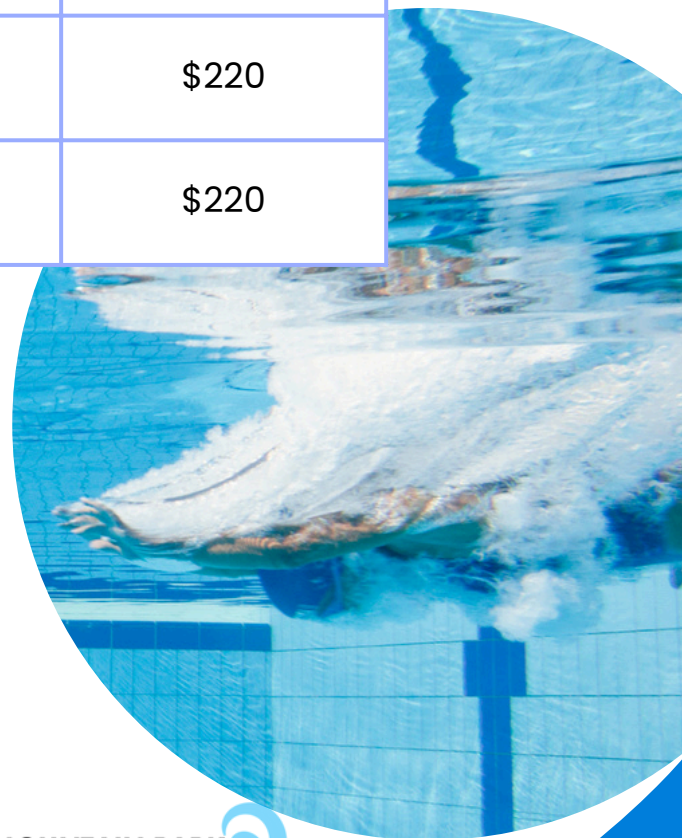




Club Swim

Club Swim is our highest level. This class is designed for kids who can freestyle approximately 15 yards already and are looking to build endurance, learn more strokes, and learn other skills like flip turns and dive starts.

Day	Time	Price
Tuesday	5:00 PM	\$220
Thursday	5:00 PM	\$220
Saturday	9:30 AM	\$220





Private Swim



Private lessons taught by our skilled instructors are a great way to personalize your child's swim experience. Lessons are tailored to reach the goals you and your child share with your instructor from basic water safety skills up to learning advanced swim strokes. Lessons are taught as a 1:1 private lesson or a 2:1 semi-private lesson.





Tuesday

Instructor	Time	Price
Missy	4:00 PM	1:1 \$550 2:1 \$750
Mariah	4:00 PM	1:1 \$550 2:1 \$750
Missy	5:00 PM	1:1 \$550 2:1 \$750
Mariah	5:00 PM	1:1 \$550 2:1 \$750





Thursday

Instructor	Time	Price
Missy	4:00 PM	1:1 \$550 2:1 \$750
Mariah	4:00 PM	1:1 \$550 2:1 \$750
Missy	5:00 PM	1:1 \$550 2:1 \$750
Mariah	5:00 PM	1:1 \$550 2:1 \$750





Saturday

Instructor	Time	Price
Missy	8:30 AM	1:1 \$550 2:1 \$750
Cameron	8:30 AM	1:1 \$550 2:1 \$750
Missy	9:30 AM	1:1 \$550 2:1 \$750
Cameron	9:30 AM	1:1 \$550 2:1 \$750
Missy	10:30 AM	1:1 \$550 2:1 \$750
Cameron	10:30 AM	1:1 \$550 2:1 \$750





Saturday

Instructor	Time	Price
Rachel	11:00 AM	1:1 \$550 2:1 \$750
Missy	11:00 AM	1:1 \$550 2:1 \$750
Cameron	11:00 AM	1:1 \$550 2:1 \$750

