

Keep Me Home If I Have . . .



Temperature of 100.4 or more without medicine



Vomiting within the last 24 hours



2 or more loose or watery stools in 24 hours



Sore throat from coughing or mucus



Unexplained rash with or without fever



Thick green mucus draining from nose.






Just not feeling good – tired, lack of appetite, cranky

Parents – please make sure that your child is illness free without medications for 24 hours before they come back to school. Let's keep the germs at home!!!

PLEASE KEEP ILL STUDENTS OUT OF SCHOOL

The list below gives school instructions, not medical advice. Please contact your health care provider with health concerns. We will partner with the local public health authority to manage COVID-19.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER...
 Fever: temperature of 100.4°F (38°C) or greater	<p style="text-align: center;">*The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.</p> <p>*Fever-free for 24 hours without taking fever-reducing medicine AND after a COVID-19 test is negative, OR 5 days if not tested.</p>
 New cough illness OR New difficulty breathing	<p>*Symptom-free for 24 hours AND after a COVID-19 test is negative, OR 5 days if not tested. If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.</p>
 Headache with stiff neck or with fever	<p>*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions if fever is present.</p>
 Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	<p>*Symptom-free for 48 hours OR with orders from doctor to school nurse.</p>
 Vomiting: one or more episode that is unexplained	<p>*Symptom-free for 48 hours OR with orders from doctor to school nurse.</p>
Skin rash or open sores	<p>*Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.</p>
Red eyes with eye discharge: yellow or brown drainage from the eyes	<p>*Symptom-free, which means redness and discharge are gone OR with orders from doctor to school nurse.</p>
Jaundice: new yellow color in eyes or skin	<p>*After the school has orders from doctor or local public health authority to school nurse.</p>
Acting differently without a reason: unusually sleepy, grumpy, or confused.	<p>*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.</p>
Major health event , like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	<p>*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.</p>