

LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
7:00am	Aqua Fit 7:30am-8:30am		Aqua Fit 7:30am-8:30am		Aqua Fit 7:30am-8:30am		
8:00am							
10:00am							
12:00pm							
4:00pm	Swim Club 4:30pm-5:30pm	Swim Club 4:30pm-5:30pm	Swim Club 4:30pm-5:30pm	Swim Club 4:30pm-5:30pm			
5:30pm						Closes at 5:30pm	Closes at 5:30pm
6:00pm		Deep Water Aerobics 6:00pm-7:00pm		Deep Water Aerobics 6:00pm-7:00pm			
7:00pm					Closes at 6:30pm		
8:00pm	Closes at 8:00pm	Closes at 8:00pm	Closes at 8:00pm	Closes at 8:00pm			

LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
7:00am							
8:00am	Aqua Strength & Flexibility 8:45am-9:45am		Aqua Strength & Flexibility 8:45am-9:45am		Aqua Strength & Flexibility 8:45am-9:45am	Swim Lessons 8:30am-12:00pm	
9:00am		Playschool Swim Lessons 9:00am-11:30am					
10:00am							
12:00pm						Guarded Swim 12:00pm-5:30pm	Guarded Swim 11:00am-5:30pm
4:00pm	Guarded Swim 4:00pm-8:00pm Lifeguards on Duty	Swim Lessons 4:00pm-6:00pm	Guarded Swim 4:00pm-8:00pm Lifeguards on Duty	Swim Lessons 4:00pm-6:00pm	Guarded Swim 4:00pm-6:30pm Lifeguards on Duty	Lifeguards on Duty	Lifeguards on Duty
5:30pm		Guarded Swim 6:00pm-8:00pm Lifeguards on Duty		Guarded Swim 6:00pm-8:00pm Lifeguards on Duty		Guarded Swim 6:00pm-8:00pm Lifeguards on Duty	Closes at 6:30pm
6:00pm							
7:00pm							
8:00pm	Closes at 8:00pm	Closes at 8:00pm	Closes at 8:00pm	Closes at 8:00pm			

HOT TUB SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-8:00pm	5:30am-8:00pm	5:30am-8:00pm	5:30am-8:00pm	5:30am-6:30pm	8:00am-5:30pm	10:00am-5:30pm

SLIDE SCHEDULE*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
No Slide	No Slide	No Slide	No Slide	No Slide	1:15pm-2:30pm 3:00pm-4:55pm	1:15pm-2:30pm 3:00pm-4:55pm

*Slide operates only when enough lifeguards are available

SCHEDULE NOTES

- **Blank spaces on the schedule indicate there are no lifeguards on duty but the pool is open.**
- **Lap Swim:** For lap swimming and individual exercise for members and guests. There are no lifeguards on duty during this time. Therefore, any person under the age of 14 must be supervised by a responsible person at all times.
- **Guarded Swim:** Open pool for all members and their guests while lifeguards are on duty. Toys and balls are allowed in the pool along with the current channel, vortex, and slide being on as dictated by the schedule and available staffing.
- **Hot Tub:** Open for members and their guests. Toys, noodles, and/or workout equipment are not allowed in the hot tub. Please have permission from your physician and be in good health before entering or staying in for long periods of time.
- **Swim Lessons:** During this time the Leisure Pool is closed to all other activity except the scheduled group and private swim lessons. On Tuesday/Thursday afternoons and Saturday mornings, swim lessons are taking place in the Leisure and/or Lap Pools. Pool space will be limited to other swimmers during these times.
- **Private Swim Lessons:** We do occasionally have private swim lessons and classes that might necessitate the need to close a lap lane in the Lap Pool. Please be courteous to your other lap lane swimmers and share the lanes available.
- **Contact Information:** For further information or questions/comments regarding the pool area, please send an e-mail to aquatics@mtparkhoa.com