

LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
7:00am	Aqua Fit		Aqua Fit		Aqua Fit		
8:00am	7:30am-8:30am		7:30am-8:30am		7:30am-8:30am		
10:00am							
12:00pm							
4:00pm	Swim Club	Swim Club	Swim Club	Swim Club			
5:30pm	4:30pm-5:30pm	4:30pm-5:30pm	4:30pm-5:30pm	4:30pm-5:30pm		Closes at 5:30pm	Closes at 5:30pm
6:00pm		Deep Water Aerobics		Deep Water Aerobics			
		6:00pm-7:00pm		6:00pm-7:00pm			
7:00pm					Closes at 6:30pm		
8:00pm	Closes at 8pm	Closes at 8pm	Closes at 8pm	Closes at 8pm			

LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30am									
7:00am									
8:00am	Aqua Strength & Flexibility		Aqua Strength & Flexibility		Aqua Strength & Flexibility				
9:00am	8:45am-9:45am	Playschool Swim Lessons	8:45am-9:45am		8:45am-9:45am	Swim Lessons			
10:00am		9:00am-11:30am				8:30am-12:00pm			
12:00pm						Guarded Swim	Guarded Swim		
4:00pm	Guarded Swim	Swim Lessons	Guarded Swim	Swim Lessons	Guarded Swim	12:00pm-5:30pm	12:00pm-5:30pm		
5:30pm		4:00pm-6:00pm		4:00pm-6:00pm		4:00pm-6:30pm	Lifeguards on Duty	Lifeguards on Duty	
6:00pm		Guarded Swim		Lifeguards on Duty		Guarded Swim	Lifeguards on Duty		
7:00pm		6:00pm-8:00pm				6:00pm-8:00pm			
8:00pm	Lifeguards on Duty	Lifeguards on Duty	Lifeguards on Duty	Lifeguards on Duty					

HOT TUB SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-8:00pm	5:30am-8:00pm	5:30am-8:00pm	5:30am-8:00pm	5:30am-6:30pm	8:00am-5:30pm	10:00am-5:30pm

SLIDE SCHEDULE*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
No Slide	No Slide	No Slide	No Slide	No Slide	1:15pm-2:30pm 3:00pm-4:55pm	1:15pm-2:30pm 3:00pm-4:55pm

*Slide operates only when enough lifeguards are available

SCHEDULE NOTES

- **Blank spaces on the schedule indicate there are no lifeguards on duty but the pool is open.**
- **Lap Swim:** For lap swimming and individual exercise for members and guests. There are no lifeguards on duty during this time. Therefore, any person under the age of 14 must be supervised by a responsible person at all times.
- **Guarded Swim:** Open pool for all members and their guests while lifeguards are on duty. Toys and balls are allowed in the pool along with the current channel, vortex, and slide being on as dictated by the schedule and available staffing.
- **Hot Tub:** Open for members and their guests. Toys, noodles, and/or workout equipment are not allowed in the hot tub. Please have permission from your physician and be in good health before entering or staying in for long periods of time.
- **Swim Lessons:** During this time the Leisure Pool is closed to all other activity except the scheduled group and private swim lessons. On Tuesday/Thursday afternoons and Saturday mornings, swim lessons are taking place in the Leisure and/or Lap Pools. Pool space will be limited to other swimmers during these times.
- **Private Swim Lessons:** We do occasionally have private swim lessons and classes that might necessitate the need to close a lap lane in the Lap Pool. Please be courteous to your other lap lane swimmers and share the lanes available.
- **Contact Information:** For further information or questions/comments regarding the pool area, please contact the Aquatics Coordinator at ashley@mtparkhoa.com