



MOUNTAINPARK
Nature's Neighborhood

**Member Rates 1hr
sessions**

1 session \$50
3 sessions \$140
5 sessions \$230
10 sessions \$450

**Member Rates 30 min
sessions**

1 session \$35
3 sessions \$100
5 sessions \$165
10 sessions \$330

**Non-Member Rates 1hr
sessions**

1 session \$55
3 sessions \$155
5 sessions \$250
10 sessions \$485

**Non-Member Rates 30
min sessions**

1 session \$40
3 sessions \$105
5 sessions \$175
10 sessions \$350

Small Group Training Member Rates

1 hr sessions for 2-4people, flat rate for the whole group
1 session \$70
3 sessions \$200
5 sessions \$330
10 sessions \$670

Please note that all Personal Training Sessions can be completed in the pool with an aquatics personal trainer.

Please contact the Fitness Manager with questions
regan@mtparkhoa.com